

# Benefits for Your Total Well-Being

**Mercer Marketplace 365+<sup>SM</sup>**



Announcing Benefits Open Enrollment  
**November 21, 2022 – December 2, 2022**



Rob Jay  
Chief Executive Officer

## Welcome to Your ScionHealth Benefits

All of us at ScionHealth are united by a shared commitment to **deliver quality care** and **exceed expectations** for our patients. This purpose goes hand-in-hand with our belief that supporting our team members helps us better serve our communities as a compassionate, patient-centered organization.

Our ScionHealth benefits support your **total well-being** with coverage and resources designed to meet the diverse physical, emotional and financial needs of you and your family.

For 2023, we're proud to offer a **competitive and comprehensive** benefits program that helps both you and our organization effectively manage healthcare costs.

During Open Enrollment, you **must take action by December 2** to ensure you have the benefits you want for 2023. This brochure provides an overview of your 2023 ScionHealth benefits and guides you through the key steps to take. Keep reading to learn how to make the most of your **once-a-year** enrollment opportunity.

# Your Open Enrollment Checklist



## Explore *ScionHealth for Me*

***ScionHealth for Me* ([www.ScionHealthforMe.com](http://www.ScionHealthforMe.com))** is your new one-stop resource for all your HR needs! During Open Enrollment, visit for important enrollment information and to connect seamlessly to the ScionHealth Benefits Marketplace, your place to enroll for 2023. Beginning in 2023, visit to find complete details about your benefits including personalized information. It's easy to use and conveniently accessible from any device! See page 15 for more details, including how to login.



**Read this brochure** for highlights of your 2023 ScionHealth benefits and important Open Enrollment reminders.



**Enroll November 21 – December 2** on the ScionHealth Benefits Marketplace, your new place to enroll, which can be accessed directly from ***ScionHealth for Me***. See pages 17 - 18 for enrolling instructions. You **must take action** if you want to:

- Make changes to the benefits you have now.
- Select a replacement for a plan or carrier that is no longer available.
- Add/drop dependents.
- Contribute to a Flexible Spending Account (FSA); FSA elections do not automatically roll over.



**Compare your medical network options** on the ScionHealth Benefits Marketplace and work with Quantum Health to understand which network offers you the most savings and how to access in-network providers.



**Add your dependents** to medical, dental and/or vision coverage for 2023. Previously verified dependents won't require documentation. For any newly added dependent(s) you will need to complete and submit the Dependent Verification Form within 31 days following the date you enroll.



**Review your beneficiaries** to ensure that they are up-to-date.

## Important!

There are updates to your benefit plans and carriers, including some benefit enhancements and additional voluntary benefit offerings. Your health coverage costs are also changing for 2023. Be sure to read this brochure and visit ***ScionHealth for Me* ([www.ScionHealthforMe.com](http://www.ScionHealthforMe.com))** to learn more. Then, seamlessly connect from ***ScionHealth for Me*** to the ScionHealth Benefits Marketplace to enroll between November 21 and December 2, 2022.

# Benefit Program Highlights

**Our organization’s inclusive, people-centered approach aligns with our commitment to deliver valuable benefits and resources for you and your family. The ScionHealth benefits program is designed to support all aspects of well-being – physical, emotional and financial – with a wide range of comprehensive coverage and targeted solutions to meet your diverse needs.**

## New for 2023

As you make your 2023 benefit selections, keep the following in mind:

- **Medical plan carriers** – For 2023, you will continue to have access to Blue Cross Blue Shield of Tennessee as you do today; however, you also will now have access to an additional carrier choice through UnitedHealthcare/UMR. Make sure to evaluate your carrier options carefully when making your election. Contributions may vary between carriers based on which one has the best financial arrangements in a particular state and is considered the “preferred” carrier.
- **Medical plan options** –
  - In addition to the \$150 Deductible PPO Plan in place today, your choices for 2023 will include three plans that work similar to the HDHP plan in place today – \$1,500 Deductible Plan, \$2,500 Deductible Plan and \$6,550 Deductible Plan. When you enroll in one of the new HDHP plans for 2023, you will receive a company contribution to your HSA – \$250 for individual and \$500 for family coverage. See page 6 for details on how the plans pay for care.
  - The \$1,400 HDHP and \$600 HRA Plan will no longer be offered as options. If you are currently enrolled in one of these plans and take no action during Open Enrollment, you will be enrolled in the \$1,500 Deductible Plan with Blue Cross Blue Shield of Tennessee (which is the most similar to what you have currently).
  - Your medical benefits will continue to include prescription drug coverage through OptumRx.

You will continue to use Quantum Health to answer your benefit questions. Call Quantum Health at **800.991.6171**, or once enrolled, visit **[www.MyScionHealth.com](http://www.MyScionHealth.com)**. You can also download the Quantum Health Care Coordinators app.

- **Dental** – You will have an additional dental plan option, giving you a choice of three options. You will also have an additional carrier option – Cigna. Delta Dental will continue to be available, as well, but it will be through Delta Dental of KY instead of Delta Dental of TN.
- **Vision** – You will continue to have access to two vision plan options, which will be similar to your current offerings, but with lower costs. Plus, you will have an additional carrier option – UnitedHealthcare Vision. VSP will continue to be available, as well.

# Benefit Program Highlights continued

- **Tax-Advantaged Accounts** – In addition to your HSA and FSA options, you will have a new commuter spending account option that allows you to save pre-tax on commuter and transit costs.
- **Life and AD&D insurance** – You will continue to have access to basic and supplemental life and accidental death and dismemberment (AD&D) insurance coverage through Unum, and in most cases, with similar coverage and lower costs. Note: One area where you may see lower coverage levels is with spouse life coverage. For 2023, spouse life insurance can be purchased for up to \$50,000; if you currently have spouse coverage for an amount over \$50,000 and take no action during Open Enrollment, your election will roll over with a \$50,000 coverage maximum.
- **Disability** – Disability coverage continues through Unum.
  - For short-term disability (STD), you will have access to two employee-paid STD coverage options: 50% and 60% that will be available at the same elimination period of 14 days. During Open Enrollment, you can choose either the 50% or 60% option, or decline coverage altogether. If you take no action, you will automatically be enrolled in the 50% option. Choose the option that works best for you, or take action to opt-out if you do not want coverage.
  - **There's good news for long-term disability (LTD)!** ScionHealth will automatically provide company-paid LTD coverage for full-time team members who have completed one year of continuous employment.
- **Voluntary Benefits** – The identity theft and protection benefit will be offered through a new provider, Allstate. In addition, you will have even more voluntary benefit options: pet insurance, home & auto insurance and a legal services plan!

**Take Note!** No evidence of insurability will be required for supplemental life and AD&D, STD and several voluntary benefits including permanent life, accident, critical illness and hospital indemnity insurance (up to the guaranteed issue amount) during this Open Enrollment. See page 10.



## **New Wellness Program**

To help you improve your overall well-being, you will have support through the Healthy Steps Wellness Program. This program will operate very similar to how your wellness program works in 2022. Through our wellness partner, Limeade, you can participate in a variety of activities to earn points to qualify for the Healthy Rewards Rate and lower your cost for medical coverage in 2024! See pages 13 - 14 for details.

# Benefit Program Highlights continued

## Health

You have a choice of options for medical, dental and vision – as well as supplemental insurance options. This gives you flexibility to choose coverage that works best for you. Your options include:

- **Four medical plans**, with a choice of carriers – Blue Cross Blue Shield of Tennessee or UnitedHealthcare/UMR (a new carrier option for 2023) – with prescription coverage through OptumRx. Telemedicine options are included with all medical plans!
- **Supplemental insurance options**, including accident, hospital indemnity and critical illness insurance, for additional financial protection on top of your medical coverage will continue to be offered through Unum. Your elections will carry forward to 2023, but the plans may change slightly. You will have the option to continue your previous coverage on a direct billed arrangement with Unum, if that is your preference.
- **Three dental plans**, available from Delta Dental of KY and Cigna (a new carrier option for 2023).
- **Two vision plans**, similar to what you have in 2022 and available from VSP or UnitedHealthcare Vision (a new carrier option for 2023).

### Take Action!

**If you currently have the \$1,400 HDHP or \$600 HRA:** You will need to elect a new medical plan for 2023. If you take no action, you will be automatically enrolled in the \$1,500 Deductible Plan with Blue Cross Blue Shield of Tennessee at the same coverage level you have today.

**Be sure your providers are in-network:** Contact your Quantum Health Care Coordinator to confirm and find in-network providers for your care.



### Your provider and facility choices matter

To get the full value from your medical coverage, use in-network doctors and hospitals when possible – you will not be covered if you go out-of-network (except in an emergency). Your Quantum Health Care Coordinator can help you verify if a provider is in-network, locate a new in-network provider, or help you determine the best network match for the providers you currently use. Call Quantum Health at **800.991.6171**, or once enrolled, visit **[www.MyScionHealth.com](http://www.MyScionHealth.com)**. You can also download the Quantum Health Care Coordinators app.

**TIP!** We are proud of our facilities. When seeking medical care, use the company's facilities for quality care and lower costs for you!

# Benefit Program Highlights continued

## Medical

With each of ScionHealth’s HSA-eligible medical plans – \$1,500 Deductible Plan, \$2,500 Deductible Plan and \$6,550 Deductible Plan – you have a deductible to meet before the plan starts paying a portion of your healthcare costs. All of our plans also have an annual out-of-pocket maximum, which is the highest limit on what you pay for healthcare each year. Once you reach your out-of-pocket maximum, ScionHealth will cover 100% of your healthcare costs.

**Like today, except for the \$6,550 Deductible Plan, your medical benefits will be based on the facility and provider network you use:**

- **Tier 1 (Facility charges only):** Covered at an enhanced savings rate when services take place at a ScionHealth facility.
- **Tier 2 (Facility and provider charges):** When any BCBS or UnitedHealthcare/UMR in-network facility is used, only if the required service is not available at your ScionHealth facility, or if any BCBS or UnitedHealthcare/UMR in-network provider is used.
- **Tier 3 (Facility charges only):** Covered when a BCBS or UnitedHealthcare/UMR in-network facility is used instead of your ScionHealth facility when the required service is available at your facility.
- **Tier 4 (Facility and provider charges):** Covered out-of-network for emergency services only.

	\$1,500 Deductible Plan*	\$2,500 Deductible Plan*	\$6,550 Deductible Plan	\$150 Deductible PPO Plan
<b>Deductible</b>				
Tier 1	\$1,500 individual; \$3,000 family	\$2,500 individual; \$5,000 family	\$6,550 individual \$13,100 family	\$150 individual; \$450 family
Tier 2	\$2,500 individual; \$5,000 family	\$3,500 individual; \$7,000 family		\$1,000 individual; \$3,000 family
Tier 3	\$3,500 individual; \$7,000 family	\$5,000 individual; \$10,000 family		\$6,350 individual; \$12,700 family
Tier 4	\$2,500 individual; \$5,000 family	\$3,500 individual; \$7,000 family		\$1,000 individual; \$3,000 family
<b>Out-of-pocket maximum</b>				
Tier 1	\$5,200 individual; \$6,850 family	\$6,200 individual; \$6,850 family	\$6,550 individual \$13,100 family	\$2,500 individual; \$5,000 family
Tier 2	\$6,200 individual; \$7,500 family	\$7,200 individual; \$10,000 family		\$7,900 individual; \$15,800 family
Tier 3	\$6,200 individual; \$7,500 family	\$7,200 individual; \$10,000 family		\$7,900 individual; \$15,800 family
Tier 4	\$6,200 individual; \$7,500 family	\$7,200 individual; \$10,000 family		\$7,900 individual; \$15,800 family
<b>Hospitalization</b>				
Tier 1	10%	20%	0%	10%
Tier 2	20%	30%		20%
Tier 3	50%	50%		50%
Tier 4	Not covered	Not covered		Not covered
<b>General coinsurance</b>				
Tier 1	20%	30%	0%	20%
Tier 2	20%	30%		20%
Tier 3	20%	30%		20%
Tier 4	20%	30%		20%

\*For the \$1,500 Deductible Plan and the \$2,500 Deductible Plan, if you cover your dependents, the family deductible and out-of-pocket maximum apply. Expenses for all covered family members will count collectively toward the “true family” deductible and out-of-pocket maximum.

# Benefit Program Highlights continued

## Supplemental Medical

Even with comprehensive coverage from your medical plan, you may still have some out-of-pocket expenses if you get critically ill, are seriously injured, or need to be hospitalized. Supplemental insurance pays cash benefits to help you cover costs that arise in these situations.

You may choose to enroll in one or more of the following plans:

- Accident insurance
- Critical illness insurance
- Hospital indemnity insurance

## 2023 Medical Plan Payroll Contributions

ScionHealth makes every effort to keep costs down for you and the company – this includes negotiating network discounts, offering well-being programs to manage your health (and healthcare costs) and providing access to various resources to help you save money while getting the most out of your benefits.

The monthly rates below are for the preferred carrier network option for your location and assume successful completion of your wellness program requirements in 2022. The non-preferred carrier rates will be higher than what is shown here, as well as the rates if you did not meet your wellness program requirements.

	\$1,500 Deductible Plan	\$2,500 Deductible Plan	\$6,550 Deductible Plan	\$150 Deductible PPO Plan
Employee only	\$70	\$45	\$25	\$130
Employee + spouse/partner	\$270	\$255	\$240	\$365
Employee + child(ren)	\$210	\$185	\$155	\$310
Family	\$385	\$360	\$335	\$545

*Note: If you or your covered spouse/partner did not complete the Healthy Steps Wellness Program requirements to earn the Healthy Rewards Rate, your rate will be \$52 or \$104 per month higher than shown here, depending on your coverage level. Rates in this brochure will not modify the provisions of any collective bargaining agreement with ScionHealth.*



Learn how you can take healthy steps for your health and well-being and lower your costs for medical coverage in 2024. See pages 13 - 14 for information about our Healthy Steps Wellness Program.

# Benefit Program Highlights continued

**Good news!**

We're providing enhanced benefits, plus additional carrier options for both the dental and vision plans.

## Dental

All three of your dental plan options offer you a choice of carrier (Cigna or Delta Dental of KY) and have the same deductible – \$50 per person or \$150 per family.

**Take Note!** Not only will your plan options and benefits be similar to what is in place today, you will no longer need to wait 12 months to access benefits for major care and orthodontia. Other coverage details vary by plan.

	Basic	Basic Plus	Enhanced
Annual maximum benefit (basic and major)	\$750	\$1,000	\$2,000 (excluding orthodontia)
Preventive care	Plan pays 90%, you pay 10% (no deductible)	Plan pays 100%, you pay nothing	Plan pays 100%, you pay nothing
Basic care	Plan pays 70%, you pay 30%	Plan pays 70%, you pay 30%	Plan pays 80%, you pay 20%
Major care	Not covered	Plan pays 50%, you pay 50%	Plan pays 50%, you pay 50%
Orthodontia	Not covered	Not covered	Plan pays 50%, you pay 50% (maximum lifetime benefit of \$1,500)

## Vision

Both of your vision plan options offer you a choice of carrier – VSP or United Healthcare Vision (an additional carrier for 2023) – and cover eye exams every 12 months with a \$10 copay. Other coverage details vary by plan.

	Standard Plan	Enhanced Plan
Lenses	Once every 12 months Covered in full after \$25 copay	Once every 12 months Covered in full after \$10 copay
Frames or Contact Lenses	Once every 24 months \$130 retail allowance \$60 fitting and evaluation fee applies for contact lenses	Once every 12 months \$175 retail allowance \$60 fitting and evaluation fee applies for contact lenses

**More good news!** We're expanding the VSP vision plan network to include Walmart, Sam's Club and Costco.

# Benefit Program Highlights continued

## Tax-Advantaged Accounts

You can save money on eligible healthcare, dependent care, and/or transit and commuter costs by paying for them with tax-free money. ScionHealth offers you a choice of tax-advantaged accounts to help you stretch your dollars further.

- **Health Savings Account (HSA)**, offered with the \$1,500 Deductible Plan, \$2,500 Deductible Plan and \$6,550 Deductible Plan; can be used for medical, prescription drug, dental and vision costs.
- **Healthcare Flexible Spending Account (FSA)**, available alongside non-HSA eligible plans and offered if you elect the \$150 PPO Plan or if you don't elect a ScionHealth medical plan; can be used for medical, prescription drug, dental and vision costs.
- **Limited Purpose FSA**, offered in addition to the HSA when you enroll in an HSA-eligible plan, for use with dental and vision expenses only.
- **Dependent Care FSA**, is also available for eligible child and adult daycare expenses.
- **New Commuter Spending Account**, allows you to pay for workplace-related commuter expenses, such as qualified public transit, on a tax-free basis.

If you have Healthcare FSA or Limited Purpose FSA funds that are eligible for carry-over into 2023, those funds will roll over to your 2023 FSA.



## How an HSA Can Help You Save

*Making tax-free contributions to a Health Savings Account (HSA) in 2023 can help you save money on healthcare costs, now and in the future. You own your HSA for life and can contribute, invest and withdraw money tax-free for eligible healthcare expenses.*

**2023 HSA Limits:** *The HSA annual contribution limits will be increasing to \$3,850 for individual coverage and \$7,750 for family coverage. (An additional \$1,000 contribution is allowed if you will be age 55 or older in 2023.)*

# Benefit Program Highlights continued

## Financial Protection & Voluntary Benefits

- **Life and AD&D insurance** – ScionHealth provides both company-paid coverage and options for supplemental employee-paid coverage, allowing you to decide on the level of financial protection that's right for your family.
- **Disability insurance** – You will have access to two employee-paid short-term disability (STD) coverage options: 50% and 60%, available at the same elimination period of 14 days. During Open Enrollment, you can choose either the 50% or 60% option, or decline coverage altogether. If you take no action, you will automatically be enrolled in the 50% option. Choose the option that works best for you, or take action to opt-out if you do not want coverage.

**ScionHealth automatically provides company-paid long-term disability (LTD) coverage for all team members; this is new for 2023!** Non-exempt team members also have an option to “buy up” to increase their LTD benefit amount with additional employee-paid coverage.

- **Voluntary benefits** – You can choose from a wide range of additional benefit options to tailor your coverage to your specific needs. Your voluntary benefit options include permanent life insurance, identity theft protection, and **new for 2023:** a legal services plan, auto & home insurance, and pet insurance!

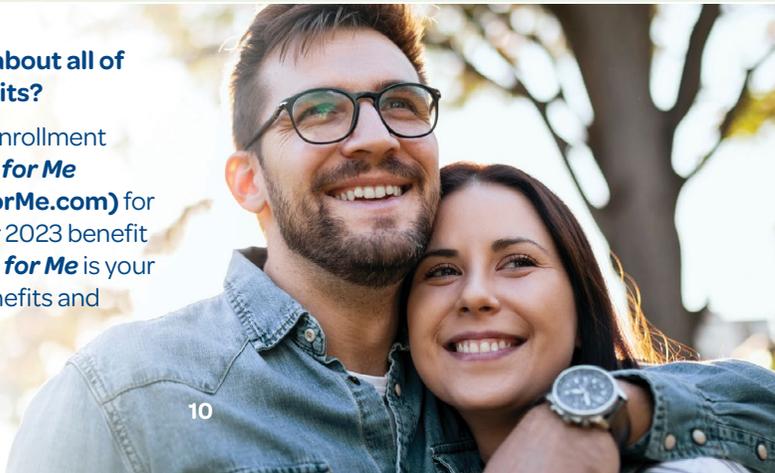
You will also have access to Purchasing Power, a program that allows you to shop for thousands of brand-name products and pay over time, right from your paycheck, as well as Perkspot Online Discount Mall where you can access exclusive prices, discounts and offers from hundreds of local and national merchants.

### Good news!

No evidence of insurability (EOI) or proof of good health will be required for STD, supplemental life and AD&D, as well as permanent life, accident, critical illness and hospital indemnity insurance elections – up to the guaranteed issue amount (which will be provided for each benefit when you enroll). This special opportunity is for this Open Enrollment only; EOI will be required for future enrollments.

### Want to learn more about all of your available benefits?

Check out our Open Enrollment page on **ScionHealth for Me** ([www.ScionHealthforMe.com](http://www.ScionHealthforMe.com)) for a full summary of your 2023 benefit options. **ScionHealth for Me** is your go-to resource for benefits and other HR needs!



# Support for Your Total Well-Being

At ScionHealth, we believe it's important to focus on your physical, emotional and financial health. That means taking care of your body, mind and money. We offer a variety of resources to help you!



## Emotional Well-Being

- **Employee Assistance Program (EAP) – The EAP will be provided through Health Advocate in 2023.** Contact the EAP for support with a personal or family issue, such as stress or an addiction, or help balancing work and family life. In-person and telephonic sessions with licensed professional counselors are available. The EAP also offers parenting, child care and senior care resources, plus education, financial and legal consultations.
- **RethinkCare (formerly Whil, a Rethink Division) –** Learn mindfulness techniques to help manage stress, anxiety and sleep issues from acclaimed world experts in their fields. RethinkCare also provides support for parents with all their needs – from helping with the challenges of typical childhood issues to more direct support of parents with neurodiverse and autistic children. In addition, team members have access to personal, one-on-one coaching sessions with RethinkCare's board-certified behavioral analysts that can be scheduled in 48 hours or less.



## Physical Well-Being

- **Health Coaching and Tracking Tools –** Work toward your personal well-being goals with the help of a dedicated coach to encourage and guide you. Through the Healthy Steps Wellness Program, you can partner with a coach, participate in online challenges, track your progress and more.
- **Maven –** Enjoy the confidence of having an expert by your side throughout your pregnancy and during the first six months of your baby's life. Maven offers 24/7 access to a dedicated Care Advocate, along with the opportunity to video chat or message with providers in over 20 specialties. You can also join a community of parents and access trusted resources on a wide range of topics related to pregnancy and child care.
- **Virta –** Receive additional diabetes support through Virta. Virta is a medically supervised, research-backed treatment that can help you reverse type II diabetes. Virta's treatment is available online, meaning patients can reduce their blood sugar and A1c from the safety and comfort of their home, all while reducing diabetes medication and losing weight. With Virta's personalized treatment plan, each patient gets medical supervision from a physician-led care team, a one-on-one health coach, diabetes testing supplies, including a bluetooth connected meter and scale, educational tools like videos and recipes, and a private online support community. For those not ready for reversal, Virta also has a plan to help better manage type II diabetes via remote monitoring and coaching.

# Well-Being Support continued

Visit **ScionHealth for Me** ([www.ScionHealthforMe.com](http://www.ScionHealthforMe.com)) to learn more and link directly to a resource.



## Financial Well-Being

- **Quantum Health** – Minimize your healthcare expenses by finding in-network doctors, comparing provider quality, resolving billing issues, and comparing treatment options. Call a Care Coordinator at **800.991.6171**, Monday through Friday, 8:30 a.m. – 10 p.m. ET. Or, once enrolled register at [www.MyScionHealth.com](http://www.MyScionHealth.com) to email or chat with a Care Coordinator (or link seamlessly from **ScionHealth for Me**).



# Wellness Program

## Introducing the Healthy Steps Wellness Program

Through our Healthy Steps Wellness Program, when you take charge of your health, you not only improve your well-being – you lower your medical coverage costs, too. Participate in the Healthy Steps Wellness Program to lower your medical coverage costs by earning points toward the Healthy Rewards Rate in 2024. Even small steps, like completing online activities or working with a health coach, can make a difference.

### How It Works

- You can start earning points on November 21, 2022.
- The points you and your covered spouse/partner earn in 2023 will count towards your Healthy Rewards Rate for the 2024 calendar year.

2023 Wellness Program Requirements	
What action is required?	Earn 4,500 points by August 31, 2023
What will I receive?	Healthy Rewards Rate from January 1, 2024 to December 31, 2024

*Note: This Healthy Steps Wellness Program information applies to team members and covered spouses/partners who are enrolled in ScionHealth medical plans between January 1 and January 31, 2023. The program requirements will differ for those with a medical plan effective date of February 1, 2023, or later. If you or your covered spouse/partner do not complete the annual Healthy Steps Wellness Program requirements, your 2024 rate will increase; the amount it will increase per month will depend on your coverage tier. You can learn more at **ScionHealth for Me** ([www.ScionHealthforMe.com](http://www.ScionHealthforMe.com)).*



### Meet Our Wellness Partner

We partner with Limeade, a recognized expert in health and wellness, to bring valuable programs and resources to support your journey to better health and well-being. Not only will you have the opportunity to earn points through a variety of activities to qualify for the Healthy Rewards Rate for 2024, but you will also have access to additional resources and programs to support your total well-being. Similar to today, there will also be a non-tobacco use incentive included in the program as a way to earn points! Visit **ScionHealth for Me** ([www.ScionHealthforMe.com](http://www.ScionHealthforMe.com)) to seamlessly connect to the Healthy Steps Wellness Program to get started!

# Wellness Program continued

## Take Control of Your Health

Getting preventive care helps you identify potential health problems before they become more serious – and bring unexpected costs. Even if you are healthy or have low healthcare costs, annual check-ups and screenings can help you assess your health. They also give you an opportunity to build a relationship with your primary care physician (PCP).

Remember, under the ScionHealth medical plans, **all preventive care is covered at 100% when received in-network!**

## Keep Taking Healthy Actions

You and your spouse/partner have access to the Healthy Steps Wellness Program resources at no cost to you!



You can take steps toward a healthier lifestyle by:

- Completing the Well-Being Assessment (WBA).
- Getting your biometric screening.
- Getting your preventive exam and preventive care screening(s).
- Participating in health challenges throughout the year.
- Partnering with a health coach.
- Working with one of our well-being partners.

To learn more about the program, connect to the Healthy Steps Wellness website directly from **ScionHealth for Me ([www.ScionHealthforMe.com](http://www.ScionHealthforMe.com))**. ScionHealth team members can access the site seamlessly after logging into **ScionHealth for Me**, but spouses/partners will need to log in at **[www.healthystepswellness.com](http://www.healthystepswellness.com)**.

*ScionHealth is committed to helping you achieve your best health. The Healthy Rewards Rate is available to all team members participating in the Healthy Steps program. If you think you may be unable to meet a standard for the Healthy Rewards Rate under this program, you may qualify for an opportunity to earn the Healthy Rewards Rate by different means. Call Quantum Health at **800.991.6171**, and we will work with you (and, if you wish, with your doctor) to find a well-being option that is right for you, in light of your health status, to help you earn the Healthy Rewards Rate. All information is confidential as protected by federal law, and ScionHealth will not have access to your individual results.*

# ScionHealth for Me

**Great new resource just for you!**

Welcome to **ScionHealth for Me** – your go-to resource for benefits information and more!

## Your One-Stop HR and Benefits Resource

Visit **ScionHealth for Me** ([www.ScionHealthforMe.com](http://www.ScionHealthforMe.com)) and complete a one-time registration process to access all of your Open Enrollment information and connect seamlessly to the ScionHealth Benefits Marketplace (our enrollment site for 2023 benefits) and our vendor partners.

Beginning in 2023, consider **ScionHealth for Me** your year-round, self-service resource for personalized information, detailed benefits information and HR-related programs and policies – and it’s optimized for mobile viewing, so you can **access the same details from any device!**

Go to **ScionHealth for Me** ([www.ScionHealthforMe.com](http://www.ScionHealthforMe.com)) from your phone, tablet or computer to:

- **Learn** about your benefit options for 2023.
- **Enroll** in your 2023 benefits by connecting to the ScionHealth Benefits Marketplace (without a separate login).
- **Connect** with our well-being partners and other program providers.
- **Access** important updates and legal notices, including Summaries of Benefits and Coverage (SBCs).

After your first visit, you will login directly to **ScionHealth for Me**. See page 16 for first-time registration details.

When you visit **ScionHealth for Me** during Open Enrollment, you’ll first visit a “Welcome” page. Select “Team Members from Community Hospitals and Franklin Corporate Team (Former LifePoint)” and then follow the instructions on page 16 to register.

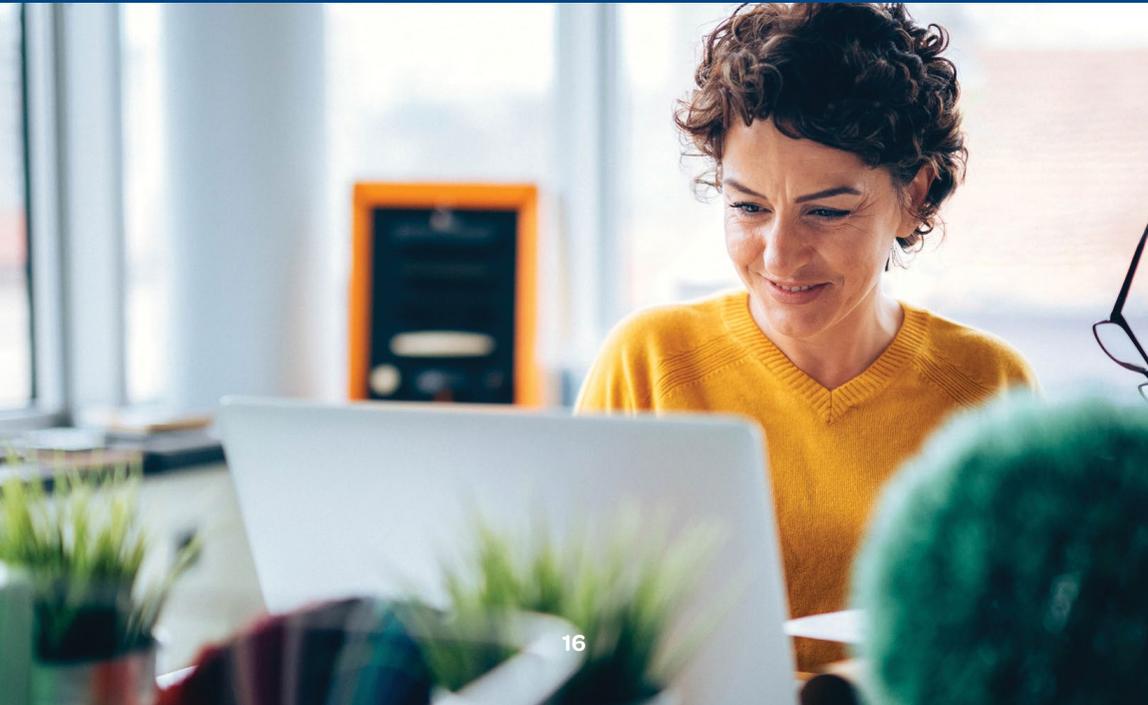


## Visiting *ScionHealth for Me* for the First Time?

- 1 Go to [www.ScionHealthforMe.com](http://www.ScionHealthforMe.com). You will first be directed to a landing page to register.
- 2 Click the tile that says “Team Members from Community Hospitals and Franklin Corporate Team (Former LifePoint), Click here”.
- 3 You will be asked to enter some personal data – your last name, the last four digits of your Social Security number and your date of birth.
- 4 You will then be asked to:
  - Select a username and password to set up your account.
  - Enter multi-factor authentication.
  - Select security questions and answers.

Once completed, you will have access to all of your Open Enrollment resources and more! On return visits, you will not have to repeat the registration process; you’ll login directly to ***ScionHealth for Me***.

You can access all your benefits information whenever you want, from wherever you are! ***ScionHealth for Me*** offers the same experience, whether you’re using desktop, a smartphone or tablet.



# How to Enroll

**It's easy to enroll in your benefits through the ScionHealth Benefits Marketplace. Here's how:**

- **Go to *ScionHealth for Me* ([www.ScionHealthforMe.com](http://www.ScionHealthforMe.com))** – your one-stop HR, benefits and well-being resource – after registering, you can seamlessly log in to the ScionHealth Benefits Marketplace.
- **From the ScionHealth Benefits Marketplace homepage**, click on the Quick Link tile that says “Enroll in or change benefits” to select your benefits for 2023 during Open Enrollment. If you need to make a change to your 2022 benefits due to a qualifying life event, you will need to do so through your current enrollment site.

## Two Ways to Enroll

When you go to the ScionHealth Benefits Marketplace to enroll, please select one of the two options listed below:

**1 Expert Guidance** – simply answer a series of questions to determine your coverage needs, and then review the “best match” package of benefits created for you. You can modify, add or remove any benefits from this package before accepting it.

**2 Do It Yourself** – you have the option to review, update or enroll in benefits through a more traditional experience. You can either click through each benefit option as it is presented or jump directly to the benefit you want to update by using the links at the top of the page.

**You can switch from “Expert Guidance” to “Do It Yourself” at any time**, and check out the “How to Enroll” video on the ScionHealth Benefits Marketplace for help enrolling.

*Note: The information provided in this brochure is for the purpose of benefit highlights only. For further information on the plans, please contact the provider directly, or review the benefit summaries and/or policies for each benefit plan. This brochure does not constitute a contract of employment. In case of any discrepancies, the plan documents will govern.*

# Need help?

## For help with your benefits enrollment:

- Call **800.991.6171** to speak with a benefits specialist during Open Enrollment, Monday through Friday, from 7 a.m. to 9 p.m. ET.
- **Tip:** Use the callback option to avoid waiting on hold! The feature holds your place in line, and a benefits specialist will call you directly when it's your turn.



## Once enrolled, for help finding an in-network provider, handling a billing issue or evaluating treatment options:

- Call Quantum Health at **800.991.6171** or visit **www.MyScionHealth.com** (remember, you can get there from **ScionHealth for Me**). You can also download the Quantum Health Care Coordinators app.

## Enroll early!

*Don't wait until the December 2nd deadline. Please elect your benefits and submit any dependent documentation as soon as possible!*

*If you need an ID card for medical care on or after January 1, 2023 and you have not received your new ID cards, you can download temporary ID cards from the Quantum Health website at **www.MyScionHealth.com**, or contact Quantum Health for assistance at **800.991.6171** (Monday through Friday, 8:30 a.m. to 10 p.m. ET).*